

## 2021 Consumer Directed Healthcare (CDH) Preventive Medications - Standard

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA

ALVESCO  
 ARMONAIR RESPICLICK  
 ARNUITY ELLIPTA  
 ASMANEX HFA  
 ASMANEX TWISTHALER  
 budesonide oral inhalation  
 FLOVENT DISKUS  
 FLOVENT HFA  
 Peak flow meters  
 PULMICORT FLEXHALER  
 QVAR REDIHALER

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
 ATELVIA (risedronate)  
 BONIVA (ibandronate)  
 DUAVEE  
 EVISTA (raloxifene)  
 FOSAMAX (alendronate)  
 FOSAMAX D  
 BINOSTO  
 RECLAST (zoledronic acid)

### CAVITIES

CLINPRO  
 GEL-KAM  
 PHOS-FLUR  
 PREVIDENT  
 sodium fluoride rinse, gel, cream,  
 paste, tabs and drops  
 stannous fluoride rinse

### COLONOSCOPY PREPARATION\*

CLENPIQ  
 gavilyte-c  
 GOLYTELY (polyethylene glycol,  
 gavilyte-g)  
 NULYTELY (polyethylene glycol,  
 gavilyte-n, trilyte)  
 PLENVU  
 PREPOPIK  
 SUPREP

### DEPRESSION

citalopram  
 escitalopram  
 fluoxetine  
 fluvoxamine  
 PAXIL (paroxetine)  
 PAXIL CR (paroxetine ER)  
 PEXEVA  
 SARAFEM (fluoxetine)  
 sertraline

### DIABETES

#### INSULINS

AFREZZA  
 BASAGLAR  
 HUMALOG  
 HUMULIN  
 LANTUS  
 LANTUS SOLOSTAR

#### INSULINS (continued)

LEVEMIR  
 LEVEMIR FLEXTOUCH  
 LYUMJEV  
 TOUJEO MAX SOLOSTAR  
 TOUJEO SOLOSTAR  
 TRESIBA  
 TRESIBA FLEXTOUCH

#### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA  
 XULTOPHY

#### NON-INSULINS

ACTOS (pioglitazone)  
 ACTOPLUS MET  
 (pioglitazone/metformin)  
 ACTOPLUS MET XR  
 AMARYL (glimepiride)  
 AVANDIA  
 BYETTA  
 BYDUREON  
 CYCLOSET  
 DUETACT  
 (pioglitazone/glimepiride)  
 FARXIGA  
 FORTAMET (metformin ER)  
 glipizide/metformin  
 Glucometers  
 GLUCOTROL XL (glipizide ER)

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## NON-INSULINS (continued)

glyburide/metformin  
GLYNASE (glyburide)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
metformin  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
repaglinide/metformin  
RIOMET solution  
RYBELSUS  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
XARELTO  
ZONTIVITY

## CHOLESTEROL LOWERING

### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
FLOLIPID suspension  
LESCOL (fluvastatin)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

### OTHER CHOLESTEROL LOWERING AGENTS

ANTARA  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT (cholestyramine light, prevalite)  
REPATHA  
TRIGLIDE  
TRILIPIX (fenofibric acid)  
VASCEPA  
WELCHOL tablet (colesevelam)  
ZYPITAMAG

## HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

## ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

## ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

## ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

## BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
INDERAL XL  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate  
pindolol  
propranolol  
propranolol er  
TENORMIN (atenolol)  
timolol

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## BETA BLOCKER/ DIURETIC COMBINATIONS

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

## CALCIUM CHANNEL BLOCKERS

ADALAT CC (nifedipine ER)  
amlodipine  
CALAN (verapamil)  
CARDIZEM CD (cartia XT,  
diltiazem CD)  
CARDIZEM LA (diltiazem ER,  
matzim LA)  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
VERELAN (verapamil)  
TIAZAC ER (diltiazem ER,  
tiadylt ER, taztia XT)

## DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

## OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWINSTA (amlodipine/telmisartan)

## MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE  
(atovaquone/proguanil)  
primaquine

## MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg

## MISC ANTIVIRALS

PREVYMIS  
SYNAGIS  
TRUVADA 200mg/300mg

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
CONTRAVE  
diethylpropion  
LOMAIRA  
phendimetrazine  
QSYMIA  
SAXENDA  
XENICAL

## SMOKING-CESSATION\*

CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum and  
lozenges)  
ZYBAN (bupropion SR 150mg)

## VACCINATION\*

Anthrax, BCG, Cholera, Diphtheria,  
Haemophilus Influenza B, Hepatitis  
A and B, Human Papillomavirus,  
Influenza, Japanese Encephalitis,  
Measles, Meningococcal, Mumps,  
Pertussis, Pneumococcal, Poliovirus,  
Rabies, Rotavirus, Rubella,  
Shingles, Tetanus, Typhoid,  
Varicella, Yellow Fever, Zoster

## VITAMINS OR MINERALS

Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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